

Casco Days ROAD RACE

31st Annual
Saturday, July 25, 2009
9:30 a.m.

Come run our 4.0 mile foot race and then enjoy the fun and festivities of Casco Days! This race is sponsored by the Casco Fire Association. Registration will be taken the day of the race between 7:30 a.m. and 8:30 a.m. at the Casco Public Library on Route 121 in Casco Village. All contestants are required to check in at registration prior to the start of the race, even if they are pre-registered. The first 250 pre-registrants will receive a Casco Days Road Race tee shirt. Please note you must register before July 20th in order to ensure receiving a tee shirt.

The Casco Days Road Race will be timed by Granite State Race Services with the Champion Chip timing system. A starting signal will begin your time and it will immediately end as you cross the finish line. You will receive a Champion Chip timing device in your pre-registration packet or when you register the morning of the race. The chip is matched with your participant information. The device must be attached to your shoe, and you are responsible for returning it to a volunteer at the Finish Line.

Awards are given to the top two female and male race winners, and to all category winners and runners up. Check out our website at www.cascodays.com for race results and more information.

This race course was officially certified by USA Track & Field on June 23, 2006. Our certification code is: ME06001RF.

Age Groups: (13 & under) (14-19) (20-29) (30-39) (40-49) (50-59) (60 +)

Camp Categories (only area campers are eligible): (13 & under) and (14-16)

Entry donation to the Casco Fire Association: \$15.00 until July 20th
\$20.00 after July 20th through race day

Mail Entry and Donation to:

Casco Fire Association
c/o Pat Oliver
P.O. Box 299
Casco, ME 04015

Name: _____ **Age:** _____ **Sex:** M F (circle)

Mailing Address: _____

Phone: _____ **Personal Chip #:** _____

In consideration of the acceptance of this entry, I hereby for myself, my heirs, executors, and administrators, waive any and all rights and claims I have against the Casco Fire Association, its agents, representatives, successors and assigns for any and all injuries suffered by me at this road race.

By signing and submitting this form, I agree to take full responsibility the Champion Chip timing device. If I fail to return the chip after the race, I will pay a \$25.00 replacement fine.

I would like to walk. I realize I am not eligible for regular prizes, but may receive a tee shirt if I register before July 21st. Casco Days is not responsible for anyone walking and you may be asked to begin walking prior to the official race start and your walk time may not be included in the race results.

If I am eligible to receive a tee shirt, I would like the following size shirt S M L XL (circle size)

Signature: _____ **Date:** _____

(Parent or Camp Director signature if entrant is under 18)

FOR OFFICE USE ONLY

Date received: _____ Bib Number: _____